



From May to September 2025, wife and husband team, Donna Bartel and Mike Pearson, will be “[Tri'ing to End ALS](#)” by competing in triathlons in each province and territory across Canada to raise awareness and funds for ALS.

ALS is a fatal neurological disease in which voluntary muscles – those that enable us to walk, run, swim, bike, talk, eat, breathe – progressive become paralyzed. Death is usually two to five years following diagnosis. There is no cure – but there is hope.

Our journey will begin in May 2025 in Nanaimo, BC, then move across Canada, and end in September 2025 back in BC at Cultus Lake. Their tentative schedule (see table; * registered for event; other races tentative until finalized by race director) includes five races in BC, and one in each of the other nine provinces and three territories.

May 11 – Nanaimo, BC*	July 26 – Hecla, Manitoba
May 19 – North Vancouver, BC*	August 2 – Duchesnay, Quebec
May 26 – Prince George, BC	August 10 – Cape Breton, NS
June 7 – Oliver, BC*	August 16 – Cambridge Narrows, New Brunswick
June 15 – Echo Lake, Saskatchewan	August 17 – Georgetown, PEI
June 22 – Marsh Lake, Yukon	August 30 – Clarke’s Beach, Newfoundland
July 6 – Yellowknife, NWT	Sept 6 – London, Ontario
July 13 – Stettler, Alberta	Sept 14 – Cultus Lake, BC *
July 19 - Iqaluit, Nunavut**	

** Iqaluit will involve flying in and likely doing our own triathlon by swimming 750m in the community pool, then heading to the gym to ride the stationery bike for 20km then running on the treadmill for 5km.

We have the support of all the ALS Societies across Canada. Fifty per cent of funds raised in a province/territory will be directed to that Society’s patient services and the remaining 50% to ALSBC’s [PROJECT HOPE](#), an initiative between the ALS Society of BC and the University of BC to fund an endowed trust for an ALS Research Professorship at the University of BC. The ALS Society of BC is managing all donations and sponsorships funds.

To kick off our journey, a press conference is scheduled for May 9th in Nanaimo, with Nanaimo’s Mayor and tentatively the BC Health Minister attending, along with Dr. Piro, the ALS Researcher at UBC, and the Executive Director of the ALS Society of BC. The City of Nanaimo will declare May 11th *Tri'ing to End ALS Day* and will be lighting the Bastion in the centre of town purple from May 7 to 11th. The ALS Societies across Canada will also be promoting our events as we reach their province/territory.

Our [website](#) has full details of our journey, including sponsorship opportunities and benefits, and how to donate.

Thank you for considering helping people living with ALS.

Donna and Mike
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Tri'ing to End ALS:
24000 km of driving
440 km of racing
130 days on the road
13 provinces and territories
2 athletes “Tri'ing to End ALS”
1 disease that can't be cured.....yet.

Please Help Us Give Hope to People Living with ALS

